

# spiritual caffeine

*a monthly shot of encouragement and equipping for student leaders*



Cadre Ministries

## discovering your super powers (part 3): super abilities

*digging deeper into spiritual gifts*

### day 1: as he sees fit

*Read 1 Corinthians 12:4–11*

Have you ever really wished you had someone else's ability? I get sucked into thinking that way too often. I wish I could speak like that... I wish I could sing like that... But when we allow ourselves to slip into that mindset, we're really questioning God's wisdom. He's given each of us different abilities—on purpose! He specially designed your unique spiritual gifts to complement your passions and abilities in order to use you in a role only you can fill. If we all were great speakers but no one was a great listener, well, that wouldn't be a good church! Thank God for the ways he has uniquely gifted you, and spend some time thanking him for the people around you that he has gifted differently.



### day 2: body parts

*Read 1 Corinthians 12:12–31*

Can you imagine having a body with eight feet and no arms? It may make you run fast (if you didn't trip over yourself), but you'd be really limited in what you could do! Paul compares the church to a body, showing us that each person—like each part of the body—has a unique and equally important role. Some might be more noticeable, but none are more important. And each one needs all the others. What would your church be like if everyone was like you? What would it be like without you? Ask God if there are any ways you can better use your gifts in your church body.



### day 3: to my church, love God

*Read Romans 12:3–8*

The super abilities God has given you are not actually gifts to you; they're gifts given by God through you to others. That's part of what Paul is getting at when he says that each member of the body belongs to the others. If God gives you the gift of teaching, it's so that you can instruct and equip others. If you have the gift of giving, it's so that you can be generous to those who need help. Spiritual gifts are never an excuse for pride. They are there for the benefit of God's people. How are your gifts benefiting others?



## day 4: entrusted to you

*Read 1 Peter 4:8–11*

Has someone ever entrusted you with something? Maybe “watch my purse for me,” or “guard this with your life!” It’s a responsibility and a privilege because it shows the owner trusts us with something of value. Your spiritual super powers are abilities entrusted to you by God. There’s some responsibility that comes with that! Do you use them like they are God’s, and he has entrusted them to you? How does this knowledge change the way you view your spiritual gifts?



## day 5: don't waste it

*Read Matthew 25:14–30*

What comes to your mind when you think of “wicked”? Murder, child abuse, robbery? It may startle us that Jesus calls a servant in his parable “wicked” simply because he did nothing with the talents entrusted to him by his master. A little harsh? I think Jesus was trying to show the importance of making the most of our lives. He doesn’t want us to waste what we’ve been given. That’s wickedness in his sight! Are there any abilities, opportunities, or resources you’re not using to their full potential?



## day 6: super abilities

*Read Exodus 35:30–35*

I love this story because it’s a great illustration of how God provides the means to accomplish what he commands. God told Moses to have the people build a tabernacle, and he laid out fairly intricate designs for its construction. But he didn’t leave them on their own! He gave special abilities to a few men—not only to do the detailed work skillfully, but to teach others as well. What is God calling you to do? What super abilities is he giving you to accomplish that work? What other people has he put in your life to work with you?

## day 7: everything we need

*Read Hebrews 13:20–21*

There is no limit to God’s power. If you believe that, you should be blown away by the fact that there is no limit to what he can do through you, since he’s living in you! Spend some time today praying this prayer back to God, for yourself and for others. Ask him to provide you with everything you need to do everything that’s on his heart for you.

*“Discovering Your Super Powers” is available as a training lab that can be brought to your church or ministry team. Check out [www.cadreministries.com/training](http://www.cadreministries.com/training) or contact [rennie@cadreministries.com](mailto:rennie@cadreministries.com) for more information.*



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